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Through Fire Training

By Staff Sgt. Sarah Williams **51st Fighter Wing Public Affairs**

OSAN AIR BASE, Republic of Korea --

Firefighters from across the Korean peninsula gathered for Osan's first bilingual Insource Consulting Fire Training at Osan Air Base, Republic of Korea, June 18-20.

The three-day course was hosted by the 51st Civil Engineer Squadron and brought together 42 participants from the U.S.Air Force and Republic of Korea Air Force firefighters,

local Korean fire departments, and emergency responders from Kunsan Air Base, Camp Humphreys, and the cities of Songtan and Daegu.

To enhance interoperability and operational readiness between on-and-off base emergency services, the course was conducted in both English and Korean, with a live translator to help ensure key concepts were clearly communicated and understood by all attendees.

The training covered a wide range of critical fire criteria, including current regulations and standards, fire behavior, incident strategy and tactics, problem

identification, and tabletop exercises.

"Each type of building has a safe operating time when exposed to heat or fire, so this training helps firefighters understand how long they can safely operate inside, even if that time is zero when they arrive," said Brett Stohr, InSource Fire Training president. "Osan Air Base is committed to constantly striving to improve their ability to protect lives and serve the people at their installations through smarter, faster, and safer emergency response."

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Japan, RoK and U.S. air forces conduct trilateral defensive counter-air training

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NEWS

U.S. Air Force Lt. Col. Edmund Ward, incoming 51st Force Support Squadron commander, renders his first salute during a Change of Command ceremony at Osan Air Base, Republic of Korea, June 24, 2025. Prior to assuming command, Ward led over 130 military and civilian personnel whose primary mission is to enhance Total Force readiness and resiliency for the 6,000 Airmen and Guardians of Hickam Air Force Base, Hawaii. (U.S. Air Force photo by Senior Airman Rome Bowermaster) ▲



U.S. Air Force Lt. Col. Joseph Morrin, outgoing 51st Operations Support Squadron commander, right, receives the Meritorious Service Medal from Col. Kurt Distelzweig, left, 51st Operations Group commander, during a Change of Command ceremony at Osan Air Base, Republic of Korea, June 18, 2025. The award recognized Morrin's leadership of the 177-person squadron, which supports 22 different Air Force Speciality Codes providing flying operations support and airfield sustainment during armistice and contingency operations. (U.S. Air Force photo by Staff Sgt. Dustin Braaten)



U.S. Air Force Col. Kenneth Beebe. 51st Maintenance Group commander, left, passes the guidon to Maj. James Phillips, incoming 51st Munitions Squadron commander, right, during a Change of Command ceremony at Osan Air Base, Republic of Korea, June 17, 2025. Prior to assuming command, Phillips led the 4th Munitions Squadron as the commander at Seymour Johnson Air Force Base, North Carolina. (U.S. Air Force photo by Staff Sgt. Sarah Williams) ◀

June 27, 2025

i1st MUNS Change of Command



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8th MXS innovation creates a safer Kunsan

By Senior Airman Karissa Dick 8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea -- The 8th Maintenance Squadron "Dragons" aircraft metals technology section recently developed an innovative solution to address a persistent safety concern at Kunsan Air Base, Republic of Korea.

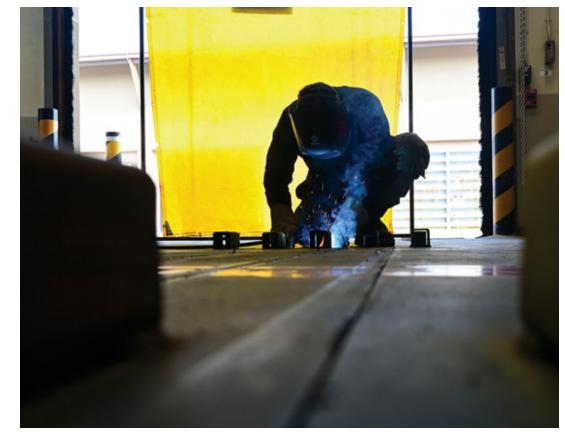
The Wolf Pack has been contending with a longstanding safety challenge at the main entrance gate to Kunsan, where railroad tracks intersect the road and have led to multiple safety incidents involving Airmen crashing on bikes and scooters.

According to Staff Sgt. Edwin Gonzalez, 8th Civil Engineering Squadron "Dirt Boyz" pavements and equipment supervisor, the railroad tracks cannot be permanently covered.

"This was a safety issue with PTD's [personal transportation devices] getting stuck in the tracks even though there is a sign there," explained Gonzalez. "We were trying to figure out a way to fix it but we can't fully remove them in case they reinstate use of the tracks."

With numerous safety incidents reported in the past quarter, including one involving a member of the aircraft metals technology section, the team began actively brainstorming potential solutions in April.

"One of our members in the squadron ended up in a mishap after riding their bike over it and had to go to the ER.



Airman 1st Class Dominic Varoz, 8th Maintenance Squadron aircraft metals technology journeyman, uses a Metal Inert Gas (MIG) welder to weld brackets onto custom built railroad track covers at Kunsan Air Base, Republic of Korea, June 18, 2025. The aircraft metal technology section developed the railroad track covers to prevent safety mishaps occurring from personal transportation device crashes on the tracks at the entrance to Kunsan.

This is a common occurrence," said Tech. Sgt. Matthew Ebarb, 8th MXS noncommissioned officer in charge of aircraft metals technology. "So our flight went out there [railroad tracks], we put eyes on it, and we came up with a concept."

After inspecting the railroad tracks, the aircraft metals technology team returned to their shop to begin creating a small prototype.

"We started putting together a small section just to go out there to see how it fit, if it would be a level surface, and if PTD's could go over it," said Ebarb. "We verified it was a good concept and we rolled with it."

Ebarb and his team had created a non-permanent solution to cover the railroad tracks. They presented their proposal to the 8th CES and Wing Safety and it was well received. In addition to strong support and positive feedback, they also received lessons learned from previous unsuccessful methods.

"They were all about coming up with a solution to fix the issue," stated Ebarb. "We worked well with CES and Wing Safety. We had their good graces and we came up with a plan for who's going to maintain this in the future."

After successfully testing their prototype, the aircraft metals technology team moved forward with fabricating full-sized track covers using steel. According to Ebarb, this process began with precise measurements of the railroad tracks — rail-to-rail and depth — which were used to create detailed fabrication plans using computer aided drafting software. Once finalized, a water jet was used to cut sections of sheet metal and tubing, which were then welded together. Finger grip holes were added to the sides for easier handling and tension adjusters were used to ensure the covers remained securely in place.

Anticipating future issues, the team also collaborated with the corrosion section to enhance the railroad track covers. To improve visibility and reduce the risk of corrosion, the covers were painted with high-visibility yellow and black stripes and a specialized grip layer was applied to the surface to prevent slips and falls particularly during wet or icy conditions.

On June 6, 28 railroad track covers were successfully installed by the aircraft metals technology section.

"We went out to install them, butted them all together to make sure they would fit properly and straight along the track," said Ebarb. "They worked!"

However, during the installation process Airman ist Class Dominic Varoz, 8th MXS aircraft metals technology journeyman, noticed that the finger grip holes could lead to hand injuries when pushing the track covers flush against each other. To address this, Varoz designed a custom hook tool that can be inserted into the grip holes allowing safe positioning during installation and maintenance.

After installing the track covers, the aircraft metals technology team closely monitored PTD's and vehicles as they crossed to ensure they performed well under real-world conditions.

"The first day we put it out there some of our South Korean friends were leaving and we saw a cement truck, 18-wheelers, a bulldozer and asphalt roller cross over it just fine," said Varoz.

This enhancement directly contributes to the Wolf Pack's mission readiness by reducing the likelihood of safety incidents that could render personnel non-mission-capable.

"We lose people left and right to incidents and they could be gone for months with an injury. This causes a drop in manning when you don't have all hands on deck to help out with tasks," explained Ebarb. "We think these track covers will drastically decrease mishaps from occurring, meaning more people will be ready for duty."

Stepping beyond their traditional maintenance roles, the aircraft metals technology team applied their skills to broader base improvement efforts. This will not only decrease safety mishaps across the installation but it also demonstrated their commitment to supporting the mission in any capacity. As always, the Wolfpack strives for excellence; it's not just what we do, it's who we are.

"This is awesome. It has boosted team spirit within the section," said Ebarb. "Coming up with this idea and having the team tackle it together has been great. We are leaving a legacy with our group, something that's possibly going to nix any mishaps in the future. That's a big deal to us."



Airman 1st Class Dominic Varoz (left), 8th Maintenance Squadron aircraft metals technology journeyman, Airman 1st Class Jayden Bolo (center), 8th MXS aircraft metals technology journeyman, and Tech. Sgt. Matthew Ebarb (right), 8th MXS noncommissioned officer in charge of aircraft metals technology, show a segment of the custom built railroad track cover their team created at Kunsan Air Base, Republic of Korea, June 17, 2025. The aircraft metal technology section developed the railroad track covers to prevent safety mishaps occurring from personal transportation device crashes on the tracks.



Airman 1st Class Jayden Bolo, 8th Maintenance Squadron aircraft metals technology journeyman, uses a specially fabricated hook to install a custom built railroad track cover they created at Kunsan Air Base, Republic of Korea, June 17, 2025. This enhancement directly contributes to the Wolf Pack's mission readiness by reducing the likelihood of railroad track-related safety incidents that could render personnel non-mission-capable. ▲



Airman 1st Class Jayden Bolo, 8th Maintenance Squadron aircraft metals technology journeyman, rides a bike over custom built railroad track covers at Kunsan Air Base, Republic of Korea, June 17, 2025. The Wolf Pack has been contending with a longstanding safety challenge at the main entrance gate to Kunsan, where railroad tracks intersect the road and have led to multiple safety incidents involving Airmen crashing on bikes and scooters. To combat this safety issue, the aircraft metals technology section designed, fabricated and installed railroad track covers.

Hegseth, Caine laud success of U.S. strike on Iran nuke sites



By Matthew Olay DOD News

uring a press conference at the Pentagon today, Defense Secretary Pete Hegseth and Air Force Gen. Dan Caine, chairman of the Joint Chiefs of Staff, lauded the success of the U.S. Central Command's overnight strike on three Iranian puclear facilities.

Dubbed "Operation Midnight Hammer," Centcom deployed multiple combined assets to inflict significant damage at the sites of Fordo, Natanz and Isfahan.

"The order we received from our commander in chief was focused, it was powerful and it was clear. We devastated the Iranian nuclear program," Hegseth said at the outset of his remarks, also noting that the operation did not target Iranian troops or citizens.

"Initial battle damage assessments indicate that all three sites sustained extremely severe damage and destruction," Caine told the media.

After proceeding quietly and with minimal communication for 18 hours from the U.S. to the target area, the first of seven B-2 Spirit stealth bombers dropped two 30,000 GBU-57 Massive Ordnance Penetrator "bunker buster" bombs at the Fordo site yesterday at approximately 6:40 p.m. EDT, Caine said.

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Defense Secretary Pete Hegseth and Chairman of the Joint Chiefs of Staff Air Force Gen. Dan Caine participate in a press briefing at the Pentagon, June 22, 2025. ▲



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Osan 2035: Charting the Future of the Installation

By Tech. Sgt. Desiree Ware 51st Fighter Wing

OSAN AIR BASE, Republic of Korea -- Wing leadership, civil engineers, and mission partners marked a major milestone in the Osan's long-range planning efforts during the Installation Development Plan board, held June 13.

During the board, attendees reviewed planning materials, maps, and visual renderings illustrating how Osan will evolve to meet future mission requirements and community needs. The group finalized the Osan 2035+ Plan, a strategic roadmap that outlines infrastructure improvements over the next 10 to 15 years.

"Planning for our base's success begins with the decisions we make today. This plan reflects our long-term commitment to innovation, resilience, and readiness, ensuring the installation remains a base that supports mission execution and quality of life for decades to come."

— Col. William McKibban, 51st FW commander

The plan fulfills congressional requirements for installation master planning and centers on three strategic priorities: Super Squadron, Tour Normalization, and Future Proofing. It reflects outcomes from a January 2025 planning workshop with more than 150 attendees



51st Fighter Wing leadership attend the Osan 2035 Installation Development Plan board at Osan Air Base, Republic of Korea, June 13, 2025. Attendees reviewed planning materials, maps, and visual renderings illustrating how Osan will evolve to meet future mission and community needs. (U.S. Air Force photo by Tech. Sgt. Desiree Ware) ▲

from over 45 base organizations, as well as five months of follow-up coordination.

In addition to supporting long-term force posture across the Indo-Pacific, the plan introduces a wide range of base improvements intended to enhance daily life for Airmen and families.

"There will be significant amounts of construction," said Lt. Col. Brigham Moore, 51st Civil Engineer Squadron deputy commander. "The things that will be most impactful to the community will be freshly renovated dorms, new family housing, updated medical and fitness facilities, and increased access to safe, connected community spaces."

The planning effort was completed entirely in-house, on a timeline far shorter than typical industry standards. What normally takes up to two years and several million dollars in contracted work was completed by base teams in just five months.

"Balancing such a large effort in-house with daily demands has been the most challenging aspect of this," Moore said. "But the product has been hugely rewarding, and I couldn't be prouder of the team and all they have accomplished."

As Osan's mission evolves, the 2035+ Plan will remain a living document. It will be updated as needed to continue supporting the needs of service members, families, and joint partners in the region.

The plan not only addresses today's operational demands but also lays the foundation for sustained success across future mission sets, installation growth, and community needs. It reflects months of collaboration across Team Osan and will continue to evolve with its mission and people at the center.

The board concluded with Col. William McKibban, 51st Fighter Wing commander, signing the plan, formally endorsing both the work completed to date and the work still ahead.

"Planning for our base's success begins with the decisions we make today," said McKibban, 51st Fighter Wing commander. "This plan reflects our long-term commitment to innovation, resilience, and readiness, ensuring the installation remains a base that supports mission execution and quality of life for decades to come. I'm extremely proud of our Civil Engineers for leading the charge on this initiative."



U.S. Air Force Col. Philip Flatau, left, 51st Medical Group deputy commander watches as U.S. Air Force Lt. Col. Brigham Moore, right, 51st Civil Engineer Squadron deputy commander, briefs during the Osan 2035 Installation Development Plan board at Osan Air Base, Republic of Korea, June 13, 2025. The plan introduces a wide range of base improvements designed to support future operations while enhancing daily life for Airmen and families.



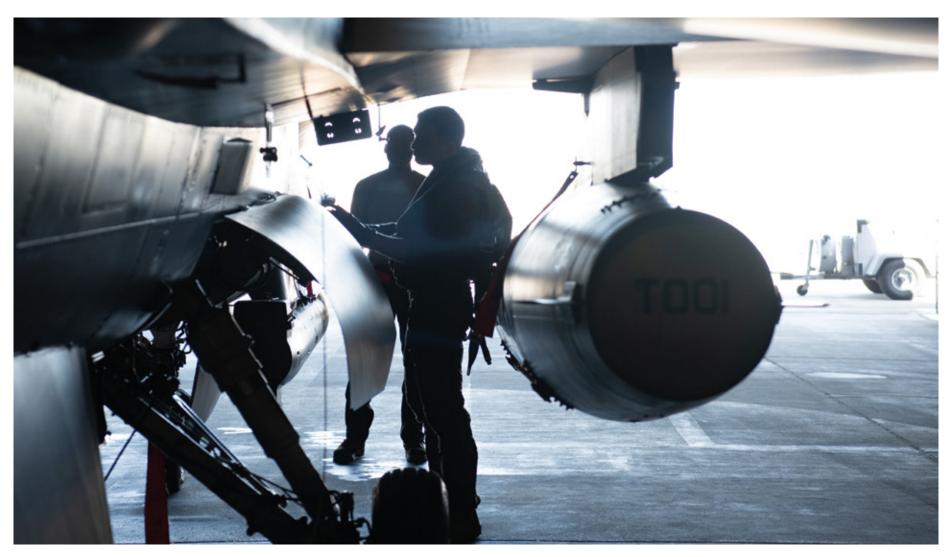


Osan Master Sgt. Release 2025

By Staff Sgt. Sarah Williams 51st Fighter Wing Public Affairs

OSAN AIR BASE, Republic of Korea -The newest master sergeant selects pose
for a group photo during the Master
Sergeant Release party at Osan Air
Base, Republic of Korea, June 18, 2025.
The event recognized their dedication,
leadership, and readiness to take on
greater responsibilities.

USAF 36th FS, ROKAF 202nd Team Up for Buddy Squadron



U.S. Air Force Capt. Chris Newman, 36th Fighter Squadron F-16 Fighting Falcon pilot, inspects his aircraft with Airman 1st Class Devin Tigner, 36th Fighter Squadron assistant dedicated crew chief, before taking flight for Buddy Squadron at Osan Air Base, Republic of Korea, June 12, 2025. During Buddy Squadron, the U.S. Air Force and Republic of Korea Air Force conduct both offensive counter-air and defensive mission sets. (U.S. Air Force photo by Staff Sgt. Dustin Braaten) ▲





51st Fighter Wing

OSAN AIR BASE, Republic of Korea -- The U.S. Air Force 51st Fighter Wing's 36th Fighter Squadron and Republic of Korea Air Force 202nd Squadron assigned the 16th Fighter Wing concluded Buddy Squadron training, June 13.

Buddy Squadron is a biannual training exercise that brings together U.S. Air Force F-16 Fighting Falcon pilots from the 51st Fighter Wing and ROKAF FA-50 Fighting eagle pilots to improve interoperability and refine tactical capabilities.

The exercise featured missionized sorties, including offensive counter-air and defensive mission sets, as well as simulated air combat scenarios between U.S. and ROKAF pilots. As an added layer of integration between squadrons, pilots also had the opportunity to fly in their partner nation's aircraft during select flights.

"To accomplish our mission most effectively, a good working relationship is necessary with our allies," said U.S. Air Force Capt. Michael Coghlin, 36th Fighter Squadron F-16 Fighting Falcon pilot. "Our objective is to become more proficient working jointly with the ROKAF."

The week-long exercise brought both squadrons together to coordinate, problem-solve, and enhance their operational effectiveness. "It's a great opportunity to sharpen our skills, share the latest tactics, and strengthen the ROK-U.S. alliance through real-world training," said ROKAF Capt. Jinku Lee, 202nd Squadron pilot.

Whether through shared learning or building camaraderie, integration exercises like Buddy Squadron are essential for strengthening our readiness to fight tonight.

An F-16 Fighting Falcon from the 36th Fighter Squadron takes off from Osan Air Base, Republic of Korea, June 12, 2025. Buddy Squadron is a biannual event where Republic of Korea Air Force and U.S. Air Force train together, providing an opportunity to practice mission integration. (U.S. Air Force photo by Staff Sgt. Dustin Braaten)▶

Republic of Korea Air Force crew chiefs assess FA-50 Fighting Eagles assigned to the 202nd Squadron before they take flight for Buddy Squadron at Osan Air Base, Republic of Korea, June 12, 2025. Buddy Squadron provides an opportunity for Osan and other U.S. installations to integrate with partner forces. (U.S. Air Force photo by Staff Sgt. Dustin Braaten)



U.S. Air Force Maj. James Carson, 36th Fighter Squadron F-16 pilot, briefs Republic of Korea Air Force pilots during Buddy Squadron training at Osan Air Base, Republic of Korea, June 9, 2025. Buddy Squadron allows Republic of Korea and U.S. forces to share the latest tactics through combined training. (U.S. Air Force photo by Senior Airman Rome Bowermaster) ▲



June 27, 2025



By Tech. Sgt. Giovanni Sims 8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea -- Operational Medical Readiness Squadron noncommissioned officer in charge of the operational medicine cell, was awarded the 8th Fighter Wing's Pride of the Pack for the week of June 9–13.

Updegrave spearheaded a critical initiative to prepare 374 Airmen for deployment to Red Flag - Alaska, a large-scale exercise. Over a fast-paced two-week period, she managed the execution of more than 8,000 deployment tasks, improving the group's overall readiness rate to 96.4% and reducing partial readiness from 12.4% to 9.7%.

Facing challenges head-on and operating under a 40% manning deficit, she strategically prioritized mission-critical tasks to expedite the processing of 470 medical clearances, 21 waivers, 12 retraining packages and 1,000 readiness tasks. Her leadership propelled the 8th FW to the top Individual Medical Readiness (IMR) rate in Pacific Air Forces (PACAF), securing the number one ranking out of 81 units in the Air Force.

Beyond her primary readiness responsibilities, Updegrave hosted 7th Air Force Surgeon General leadership and provided essential medical care during the 8th FW Norwegian Foot March, delivering care for 156 participants and responding to nine injuries, ensuring participant safety and promoting inter-service relations.

Updegrave consistently advanced unit morale, medical readiness, and operational excellence, proving herself an indispensable asset to the 8th Fighter Wing and the U.S. Air Force.

Thank you, Staff Sgt. Updegrave, for your outstanding leadership and dedication to the Wolf Pack mission. Congratulations on being this week's Pride of the Pack!

U.S. Air Force Staff Sgt. Wendy Updegrave, 8th Operational Medical Readiness Squadron noncommissioned officer in charge of the operational medicine cell, poses for a photo in front of an ambulance at Kunsan Air Base, Republic of Korea, June 13, 2025. Updegrave's leadership propelled the 8th Fighter Wing to the top Individual Medical Readiness (IMR) rate in Pacific Air Forces (PACAF), securing the number one ranking out of 81 units in the Air Force. ▲



U.S. Air Force Staff Sgt. Wendy Updegrave, 8th Operational Medical Readiness Squadron noncommissioned officer in charge of the operational medicine cell, takes the blood pressure of an Airman at Kunsan Air Base, Republic of Korea, June 13, 2025. Updegrave was awarded the 8th Fighter Wing's Pride of the Pack for the week of June 9-13, 2025 for her dedication to the Wolf Pack mission.





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June 27, 2025



Korean Temple Food: A SUSTAINABLE CUISINE INSPIRED BY BUDDHIST TEACHINGS Pt. 2/2

Korean temple food is gaining global attention as a new form of K-food, spearheading the global trend in wellness and sustainable cuisine. Prepared with eco-friendly ingredients, temple cuisine not only prioritizes health and the environment but also boasts exceptional flavor—more than enough to win over gourmets around the world. Recognized for its cultural and historical value, temple food, which has been passed down by Buddhist practitioners for centuries, is currently under review for designation as a National Intangible Cultural Heritage. Discover the charm of Korean temple food that has captivated world-renowned star chef Eric Ripert, the head of Le Cordon Bleu's Cuisine Department, and Korea's only Michelin 3-star chef Kang Min-goo—and find out how you can taste it for yourself.

2) Experiencing a Templestay

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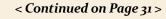
Temple cuisine is not only nourishment for monastics, but also a form of spiritual practice in itself. To truly savor its essence, experiencing a monk's way of life firsthand can be a meaningful approach. Several temples open their doors to the public and offer Templestay programs, allowing visitors to engage with Korean Buddhist culture in an immersive way. Templestays are typically offered in three forms: experiential stays that provide hands-on participation in various aspects of Buddhist culture; restful stays that involve minimal activities and allow for quite, personal reflection; and one-day programs that offer a brief introduction to temple life in about three hours.





- Baegyangsa Temple, Jangseong

Baegyangsa Temple, nestled within Naejangsan National Park, is famed for its breathtaking beauty and was historically regarded as one of the Eight Scenic Views of Joseon. Especially striking is the picturesque harmony of Ssanggyeru Pavilion at the entrance, a gently flowing pond, and dramatic cliffs rising behind like a folding screen—a scene reminiscent of a classical East Asian painting. Though beautiful in every season, the temple is particularly breathtaking in autumn, when the slopes of Baekamsan Mountain are transformed into a vibrant canvas of crimson, gold, and amber. Renowned as a center for temple cuisine, Baegyangsa Temple is also a popular destination for Templestay programs throughout the year.





Battery Disposal Fire Safety

atteries especially lithium-ion types found in phones, laptops, e-bikes, and power tools can catch fire or explode when damaged, improperly stored, or thrown in regular trash or recycling bins. Fires caused by discarded batteries are increasingly common.



Key safety recommendations for the batteries,

1. Disposal

- Do NOT throw batteries in the trash of regular recycling bins. The National Fire Protection Association (NFPA) recommends against disposing of lithium-ion batteries in regular trash or recycling bins, advocating instead for recycling or hazardous waste disposal at designated locations.
- Do not put discarded batteries in piles.

2. Handling and Storage

- If a lithium-ion battery shows signs of damage, such as odor, change in color, excessive heat, change in shape, leaking, or unusual noises, immediately stop using it.
- Store spare batteries away from anything that can catch fire, in a cool, dry place, and out of direct sunlight.
- Avoid charging or storing batteries at extreme temperatures, both
- Use only the charging cord that comes with the device and avoid charging under pillows, on beds, or on couches.
- Do not continue charging the battery after it is fully charged.

3. Consequences of Improper Disposal

- Fire hazards: Improper disposal can lead to fires at landfills, recycling facilities, or during transportation.
- Environmental hazards: Leaking batteries can contaminate soil and water sources with toxic materials.
- · Health risks: Damaged batteries can release harmful chemicals and pose risks of fire, explosion, and chemical exposure.

By following these guidelines, individuals can significantly reduce the risk of lithium-ion battery related incidents and contribute to a safety environment.

Should you have any questions or concerns, feel free to contact Fire Prevention Office at 784-4834/4741.

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Romans 10:13 For whosoever shall call upon the name of the Lord, shall be saved. [See: Romans 3:10, 3:23, 5:12, 6:23, 5:8, 10:9-10, and pray & ask The Lord to save you.]

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The Crossword By Jon Dunbar

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- 5 BTS genre
- 9 Stylish 13 Run
- 15 Goes with leap or gap
- 16 Homeless person
- 17 Korean musical 18 Actor Jared
- 19 Goes with Hamlin or Brockovich
- 20 Sapper 22 Goes with age or star
- 24 640X480 resolution
- 25 Region
- 26 Goes with book or house
- 29 Temp job in the military
- 32 Online troll enemy
- 33 Computer brains
- 34 Goes with mountain or
 - television 36 Speed skater Apolo

- 42 Wolf or Judd 43 Tidy
- 44 Olympian queen

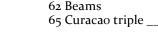
40 Plant part

- 45 Goes with air or camp
- 46 Illuminated 47 Blood test finding
- 49 Armistice signatory with China, DPRK
- 51 Knife or shotgun shell
- 56 Central Seoul mountain
- 58 Between Mike and Oscar
- 63 Submolecular particle 64 Pyeongtaek's air base
- 66 Deadly virus 67 Unimportant
- 68 Exam
- 69 Nirvana song
- 70 Biblical garden
- 71 Found between delta and foxtrot

DOWN

- 1 Not crazy
- 2 Arab country
- 3 Manure
- 4 Duty opposite of reserve
- 5 Actor MacLachlan
- 6 Goes with pressure or review
- 7 Grain 8 "No
- 9 DMZ county
- 10 Jazz singer Lena
- 11 Mediterranean island
- 12 Goes with nose or pine
- 14 Pittsburgh Pirates infielder Jung-ho
- 21 Dine
- 23 Goes with cookie or head
- 26 Party 27 Goes with Bud or Brite
- 28 Computer owner 30 POW recoverer

- 31 Suncheon neighbor 32 Snowboard alternative
- 35 Prayer ender 37 Chopper
- 38 Use a hammer on this
- 39 Simpsons bus driver
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- 48 Golden Girls actress Arthur
- 50 Horse division
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- 52 Gorged 53 Dean Martin song "That's ____'
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roud embrace: Col. Keith Butler, 509th Bomb Wing commander, embraces his wife, Diane Butler, after landing at Whiteman Air Force Base, Mo., June 6, 2025. Family and friends gathered to celebrate his final flight as wing commander. (U.S. Air Force photo by Senior Airman Bryson Sherard)

hio pride: Tail art featuring the Ohio state flag is prominently displayed on a U.S. Air Force KC-135 Stratotanker assigned to the 121st Air Refueling Wing at Rickenbacker Air National Guard Base in Columbus, Ohio, June 10, 2025. The artwork highlights the unit's pride in its home state as the aircraft, a key component of the Air Force's aerial refueling fleet for over 60 years, awaits towing on the flight line. (U.S. Air National Guard photo by Airman Taylor Warehime) ▼



omber take off: A B-52H Stratofortress takes off during the U.S. Air Force Weapons School Integration at Nellis Air Force Base, Nev., June 5, 2025. Held twice annually, WSINT enables joint force integration across domains, enhancing readiness and sharpening warfighting capabilities over the Nevada Test and Training Range. (U.S. Air Force photo by William R. Lewis)

ocked-in: Airman 1st Class Kevin Mills, an alarm monitor with the 374th Security Forces Squadron at Yokota Air Base, Japan, prepares to perform hand-release push-ups during the 2025 Advanced Combat Skills Assessment at Andersen Air Force Base, Guam, May 19, 2025. Hosted by Pacific Air Forces, the Combat Fitness Assessment is one of six grueling events that make up the ACSA—a multi-day, high-intensity evaluation that tests the tactical readiness, physical endurance and mental resilience of Airmen, primarily from security forces and other combat-ready career fields. (U.S. Air Force photo by Airman 1st Class Natasha Ninete) \blacktriangleleft



Crimson Sky | Page 19

- KUNSAN PHOTO CLUB -

Interested in sharing your photography experience with others and exploring Korea along the way? Have a camera, but want to learn how to use it more completely? Then join the Kunsan Photo Club as they delve into the finer qualities of photography where the key concept is: "It's not the camera that makes a great photo, but the photographer." If interested in joining, the group can be found on Facebook, just search for "Kunsan Photo Club."

- WOLF PACK LODGE -

Lodging Space A Policy Need a break? Got family visiting and no room to house them? You can book

lodging rooms on a space available ba- Wolf Pack members at the Sonlight sis up to 120 days in advance for a maximum of 30 days depending on availfor the holiday season (November and for a maximum of 15 days. (Depend- contact the chapel at 782-HOPE. ing on availability) Book now for all of those relatives coming for the holiday! Reservations – Front Desk-DSN 782-1844 or Commercial (82)63-470-1844 FAX: DSN 315-782-0633 Commercial (82)63-470-0633

- SUNDAY SONLIGHT DINNER -

Every Sunday, volunteers from a specific unit cook dinner for their fellow

Inn. The dinner begins at 6 p.m. folability. You can also book reservations range from "breakfast for dinner" to 4679. "Italian cooking" to "Southern style." December) up to 30 days in advance For more information or to volunteer,

- SPONSOR TRAINING -

Learn creative ways to assist newcomers reporting to Kunsan AB. Registration required. Class is held at the Airman and Family Readiness Center. Call 782-5644 for more information, dates or to sign up.

- PING PONG TOURNAMENT -

Free to all. Prizes for first and second

To sign up, dates or for more inforlowing grace led by a chaplain. Meals mation, call the CAC at 782-5213 or

Osan

COMMUNITY BRIEFS

Kunsan

Alcoholics Anonymous Every Tuesday and Thursday | 1700-

1800 | Building 769, Resiliency Center Training Room For additional information and a point

of contact, visit the AA in Korea website at aainkorea.org

Tobacco Cessation Classes

Every Thursday | 0900-1100 | Building 1419, Human Performance Center (The building right behind the fitness center) Osan AB offers free tobacco cessation classes to all DOD id members. The health promotion coordinator is available to help you break this habit, through counseling, educational materials, and health coaching. Please make an appointment via her email, Troisha Busano, troisha.d.busano. civ@health.mil.

Ultimate Frisbee

Saturdays | 0900 | Mustang Field (Across from Outdoor Rec) Open to all AD, CIV, and Dependents w/ base access. Please join us on the field for 60 minutes of cardio-vascular exercise. All ages and experience levels welcome, even if you have never touched a frisbee. POCs – David Brittain 010-8354-1576, SSgt Ethan Troutman, ethan.troutman@us.af.mil, DSN 315-784-5657, CELL 010-5793-2467

Volunteering Coaching Opportunities for High School Sports

Please email Osan Middle High School AO William.Castro@dodea. edu ideally 2-3 months ahead of the season to begin processing your

specified volunteer packet. Once your packet is submitted for processing, you may be a line-of-sight volunteer as you work through the process. Winter sports (Nov 4-Feb 5) offered: Boys and girls basketball, wrestling, swimming, marksmanship, and esports (Valorant and Rocket League). Spring sports (Feb 18-May 22) offered: Baseball/softball, boys and girls soccer, and track. Volunteer coaches will work with DoDEA staff head coaches.

Osan Air Base Honor Guard

Every Monday & Wednesday | 1630-1730 | Bldg. 936 Rm. 211 The Osan Air Base Honor Guard covers ceremonies across the peninsula acknowledging the achievements of our fellow members in uniform and their families. An amazing way to serve the members in your community and build lasting connections between other service members. For any questions, comments, or concerns please reach out to OsanHonorGuard@us.af.mil

Wingmen Helping Airmen Get Home

Saturdays | 2300-0400 | SED WHAGH is a new program inspired by AADD, whose purpose is to ensure the safety and well-being of Airmen within the Songtan Entertainment District by escorting members to their residences. The WHAGH team is looking for volunteers this weekend. There's no rank requirement to volunteer. All are welcome to help. If interested or for more information, please email 51fw. whagh.1@us.af.mil.

1-800-733-2761 (anytime)

Wingmen Helping Airmen Get Home

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Osan Air Base Rugby Mondays and Wednesdays | 1700-1800

| Mustang Field Whether you're rugby-curious and want to learn, or a veteran player who wants to throw the ball around, come out to the Mustang Field for some fun touch rugby. Sessions will include basic drills, explanations of the game, and plenty of time to play, build camaraderie, and have fun! POC: Maj. Magana

Volunteer Opportunities

Mustang community, if you are looking to volunteer checkout our newsletter for opportunities and use the QR code titled "Volunteer Form" Organizations that are looking for volunteers, you can request them using the QR code titled "Organization Form." With the same form, you can put down your upcoming events/ programs to be added into next month's issue. POC: Any questions or suggestions please email osan.afrc@us.af.mil

Commemoration ceremony for the **75th Korean War Anniversary**

1000-1100 June 25 | Daejeon Convention Center, Daejeon city Host: ROK Government Purpose: To honor the sacrifice and dedication of Korean War Veterans, including those from UN Sending States. To remind future generations of the lessons of the Korean War and the importance of freedom, peace, and **Detailed Description:** Transportation available at USFK Parking Lot at 0740 (Departure) Uniform – Duty Uniform or AGSU (No Medals/Ribbons only) RSVP by 4 June 2025 Active Service Member Only **First come, first served. RSVP to https://naver.me/5lfiOsiN

TACP 24 HOUR CHALLENGE

Inquire Only: indopacom.humphreys.

usfk.list.pao-comrel@army.mil

July 2 -3 | 0900 – 0900 | Mustang Field Osan AB Members will run and/or ruck to compete with units globally to complete the most miles combined as Team Korea. All donations and sponsored donations will go to the TACP Foundation (https://tacpfoundation.org/). The TACP Foundation is a 501C3 organization that directly support the TACP operators, their families, as well as community engagement. POC: TSgt Timothy Couto timothy. couto@us.af.mil

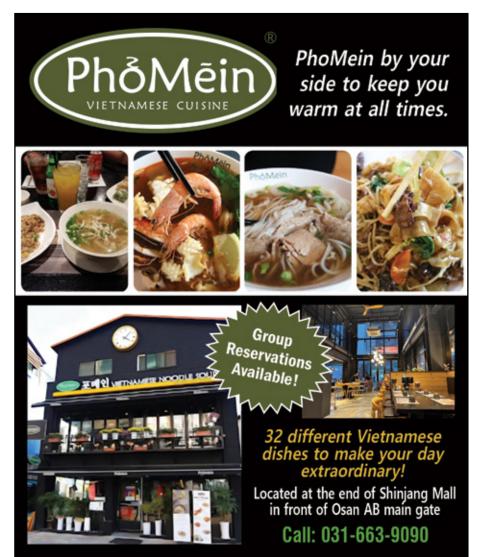
Kunsan's emergency phone numbers				
Emergency Services	911			
Off Base/Cell Emergency	063-470- 0911	Nurse Advice Line	1-800-723-8255	
Crime Stop: (to report a crime)	782-5444	IG Complaints FWA Reporting:	782-4850 (duty hours) 782-4942 (anytime)	
Base Locator: (after duty hours)	782-4743	Chaplain (After duty hours)	782-6000	
Law Enforcement desk	782-4944	Sexual Assault Response Coordinator (SARC)	782-7272	
Emergency Leave / Red Cross		782-4601 (on base)		

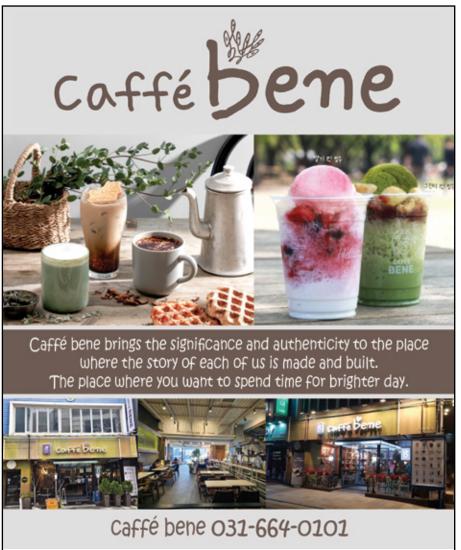
Osan's emergency phone numbers				
Emergency Services (Fire, Medical, Security Police)	911	Commander's Hotline	784-4811	
Off Base/Cell Emergency	031-661- 9111	Crime Stop: (to report a crime)	784-5757	
Emergency Room:	784-2500	IG Complaints FWA Reporting:	784-1144	
Base Locator: (after duty hours)	784-4597	Emergency Leave	784-7000	
Force Protection Information Hotline:	115	Sexual Assault Response Coordinator (SARC)	784-7272	
Chaplain (After duty hours)	784-7000	Security Forces Control Center	784-5515	

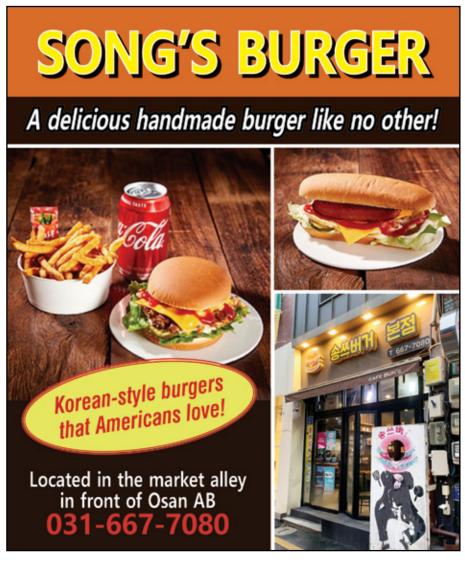


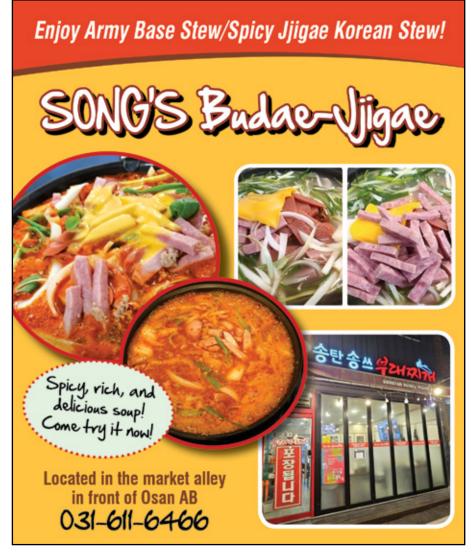


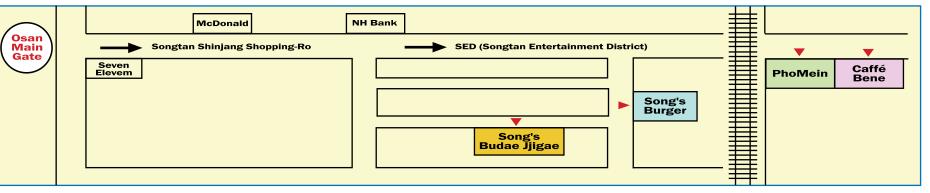
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- www.dragonhilllodge.com











Japan, Republic of Korea and U.S. air forces conduct trilateral defensive counter-air training



By U.S. Indo-Pacific Command Public Affairs

PACIFIC OCEAN -- Two Japan Air Self Defense Force F-2 fighters, two Republic of Korea F-15K Slam Eagle aircraft and four U.S. F-16 Fighting Falcons engaged in defensive counter-air training. This flight refined combined tactics, techniques and procedures.

This trilateral training marks the second trilateral flight of 2025 and the continuation of long-standing defense cooperation among the three nations, continuing to provide the ability to immediately respond to regional security challenges.

These trilateral exercises reinforce our strong and continually developing relationship, building our collective capability. Our increasing shared experience fosters trust, strengthens cooperation, and reinforces the collective commitment to maintaining security and stability in the Indo-Pacific.

A U.S. Air Force F-16 Fighting Falcon assigned to the 36th Fighter Squadron, takes off for a trilateral defensive counterair training at Osan Air Base, Republic of Korea, June 18, 2025. This trilateral training marks the second of 2025 and the continuation of long-standing defense cooperation among the three nations, continuing to provide the ability to immediately respond to regional security challenges. (U.S. Air Force photo by Senior Airman Rome Bowermaster)



Photo NEWS

The Warfighter's Spirit

The Correlation Between Belonging and Happiness



By Ch, Capt E Un Kim 1st Air Defense Missile Brigade

here does happiness come from? It is good to ponder these things and to think about your future. There are various things you can do to be happy; in particular, the concept of 'belongingness' is a powerful one. According to psychologist Dr. Thomas Joiner, there are three factors that

lead people away from happiness, and that can lead to suicide. In his book Interpersonal Theory of Suicide, they are: Acquired Capability for Suicide, Perceived Burdensomeness, and Thwarted Belongingness. He believes it is almost instinctual that people have a strong desired to belong and that the lack of belonging takes a toll on both the mind and the body. In many cases, the absence of belonging comes a desire of suicide; just as those who have a strong sense of belongingness are happier.

I have never heard of the concept of belongingness before I joined the military. However, I used to struggle with the feeling of not belonging anywhere. Although I had spent nearly a decade to become a pastor, I found it difficult to feel truly part of a pastoral group, primarily because there are so few women who become pastors. I felt like a stranger as if I didn't even belong anywhere.

But when I was selected to be a military chaplain in 2022, surprisingly I had a strong sense of belonging. Wearing the uniform and carrying out our mission made it clear that I belonged in the military. It stabilized my life more than I imagined.

For me, belonging is more than simply being in the military, belonging becomes ingrained in your soul when you have become integrated with those you serve with, and become one with the team. A sense of belonging can arise the moment you join the military, but often it takes some kind of trigger to feel that sense of belonging. After I

PCS'd to my current base, I didn't believe I could foster a sense of belonging here. This is because there are not many in my career field, and the chapel is on the outskirts of the base, making it difficult to interact with others without deliberate effort. I began to feel isolated.

June 27, 2025

Tennis is a popular activity at my base, and joining others playing tennis would be a great way for me to meet people; however, I was hesitant because I wasn't good at it. Later, I learned that veteran tennis players had started a coaching program, teaching beginners the tips and tricks of the sport and so I joined. As my skills grew, I grew more enthusiastic about the sport, and I began to dedicate more time to it, improving both my mental and physical health. As I dedicated more time to tennis, I met people who shared the same interest and friendships began to be created. The new connections deepened my sense of belonging, and now I am having the best time of my life.

Remember, it is important to ask yourself what is necessary for happiness in your life, followed by what actions you should take to achieve it? For me, belongingness came through the shared joy of tennis. What is it for you? I hope this article inspires you to find out where your happiness comes from and how you can make it yours and ultimately have the best time of your life!

Translated by Ohsung Kim, 51FW/HC Edited by Ch, Capt David Bartlett, 51FW/HC

CHAPEL SCHEDULE

KUNSAN AIR BASE

Weekly Worship Services @ Bldg #501

Catholic Holy Mass Sunday at 0900 (Chapel)

Weekday Masses - Tuesday-Thursday at 1138 (Blessed Sacrament Room inside Chapel)

> Protestant Worship Sunday at 1100 (Chapel)

> The Church of Jesus Christ of Latter-Day Saints Sunday at 1300 (Chapel)

Point of Contact: Kunsan Chapel, 782-HOPE

Visit us on SharePoint: https://kunsan.eis.pacaf.af.mil/8FW/HC

OSAN AIR BASE

The New Chapel is Open for Worship Services Building 780

Chapel Worship Services:

Protestant Service Sunday @ 0930

Catholic Sunday Mass Sunday @ 1130

Catholic Daily Mass is held in Room 173 Tuesday — Thursday @ 1130

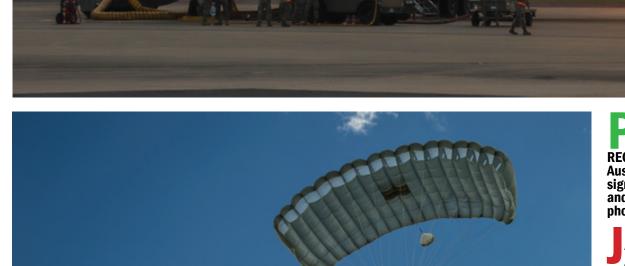
For the most current updates and announcements, please visit our "Osan AB Chapel" Facebook page.

Find us on the web@ https://www.facebook.com/OsanABChapel

HUMPHREYS

THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS (LDS)

1600-1700 Adoration (Saturdays)
1600-1700 Reconciliation (Saturdays)
1640 Rosary/Benediction (Saturdays) • 1730 Vigil Mass (Saturdays)
0900 Mass (Sundays) • 1730 Daily Mass (M-F)
POC: usagheatholiccoordinator@amail.com





ust dropping in: A combat controller from the Kentucky Air National Guard's 123rd Special Tactics Squadron jumps from a C-130J Super Hercules during exercise Grindstone and descends towards Barkley Regional Airport in Paducah, Ky., May 13, 2025. The exercise is a three-day earthquake-response scenario staged in the New Madrid Seismic Zone. Airmen conducted an assessment of airfield operability and provided air traffic control for follow-on aircraft bringing troops, cargo and equipment needed to establish an aerial port for relief operations. (U.S. Air National Guard photo by Dale Greer) ◀



ttention to detail: Defense attachés from 17 allied and partner nations view the bomb bay of an F-35A Lightning II during a base visit, June 2, 2025, at Luke Air Force Base, Ariz. The attachés visited Luke AFB to deepen cooperation on F-35 training and integration. The attachés, representing nations from United Kingdom, the Middle East, Asia and Oceania, received an in-depth look at how the U.S. and its partners are advancing fifth-generation fighter integration. (U.S. Air Force photo by Senior Airman Elias Carrero)

etting the field: Airmen participate in a wargaming drill as part of Officer Training School at Maxwell Air Force Base, Ala., June 1. 2025. Civilians and prior enlisted service members with college degrees undergo a 60-day training program at the school, culminating in their commissioning as officers in the Air Force or Space Force. (U.S. Air Force photo by Damien Thomas) ◀



BUDDHIST
Tuesdays - Warrior Chapel / 1800-1900 Buddhist Service
POC: CH (CPT) Somya Malasri; 010-7460-1281; somya.malasri.mil@



51st MDG Change of Command

By Staff Sgt. Dustin **Braaten51st Fighter Wing**

OSAN AIR BASE, Republic of Korea -- The 51st Medical Group welcomed Colonel Amanda Siangco as their new commander during the Change of Command ceremony at Osan Air Base, Republic of Korea, June 24.

"I am humbled to be given the privilege to take command of the 51st Medical Group," Siagnco said. "We will protect, repair, and optimize the most complicated weapon system in the DOD arsenal: our Airmen. Together we will ensure that Mustangs are ready to Fight Tonight."

"We will protect, repair, and optimize the most complicated weapon system in the DOD arsenal... our Airmen. Together we will ensure that Mustangs are ready to Fight Tonight." — Col. Amanda Siangco

Col. Mocha Robinson, 51st MDG's outgoing commander, was awarded the Legion of Merit for her exceptionally meritorious conduct and outstanding leadership. During her tenure, she worked closely with the ROK to ensure strong partnerships with five top-tier trauma centers on the peninsula and the ROK Armed Forces Military U.S. Air Force Col. Amanda Siangco, right, incoming 51st Medical Group commander, accepts command of the 51st MDG from Col. William McKibban, left, 51st Fighter Wing commander, during a Change of Command ceremony at Osan Air Base, Republic of Korea, June 24, 2025. Siangco served as the commander of the 96th Inpatient Operations Squadron at Eglin Air Force Base, Florida prior to assuming command.





U.S. Air Force Col. Mocha Robinson, right, outgoing 51st Medical Group rigitt, outgoing 51st Medical Group commander, receives a certificate of appreciation from Republic of Korea Armed Forces Brig. Gen. Sangho Lee, Medical Command commanding general, during a Change of Command ceremony at Osan Air Base, ROK, June 24, 2025. Robinson was recognized for strengthoning the medical command. strengthening the medical readiness and ROK-U.S. alliance through joint-Chemical Biological Radiation Nuclear and Explosives training, Tactical Combat Casualty Care, and combined field training exercises with the 51st MDG and ROK Armed Forces Trauma

J.S. Air Force Col. Amanda Siangco, incoming 51st Medical Group commander, delivers her first remarks to the squadron during a Change of Command ceremony at Osan Air Base, Republic of Korea, June 24, 2025. Prior to assuming command, Siangco served as the commander of the 96th Inpatient Operations Squadron, at Eglin Air Force Base, Florida. 🚄

NEWS

Trauma Center. Additionally, she strengthened the medical readiness and ROK-U.S. alliance through joint CBRNE training, Tactical Combat Casualty Care, and combined field exercises between the 51st Medical Group and the ROK Armed Forces Trauma Center.

During her final remarks, Robinson expressed her confidence that the group is in capable hands under Siangco's leadership.

"In the time we spent together these past two weeks, it is evident that you're bringing the right kind of leadership and expertise to lead our medics," Robinson said. "I am confident that you will continue the tradition of excellence providing world-class medical care for all of us."

The 51st MDG operates one of the most strategically vital medical treatment facilities in PACAF, focused on maintaining readiness to fight tonight in defense of the Korean Peninsula. Siangco will provide leadership and direction to 454 personnel across three squadrons in the Air Force's most forward-deployed permanently based fighter wing while providing ready, reliable care for several thousand individuals assigned to the 51st Fighter Wing, 7th Air Force, and 26 tenant units in peacetime and contingency operations.



U.S. Air Force service members assigned to the 51st Fighter Wing Honor Guard, present the colors during the 51st Medical Group Change of Command ceremony at Osan Air Base, Republic of Korea, June 24, 2025. The event marked the official transfer of leadership from Col. Mocha Robinson to Col. Amanda Siangco.

< Continued from Page 6 >

The initial mission package also included several decoy aircraft that flew west over the Pacific Ocean as "a deception effort known only to an extremely small number of planners and key leaders here in Washington and [Centcom headquarters]," Caine said.

Such tactics were also used in support of the main strike package of aircraft.

"The U.S. employed several deception tactics — including decoys — as the fourth and fifth generation aircraft pushed out in front of the strike package at high altitude and high speed, sweeping in front of the package for enemy fighters and surface-to-air missile threats," Caine said.

Following the initial strike on Fordo, the remaining B-2s went on to deploy their ordnance, eventually totaling 14 MOPs hitting the targeted areas.

This was the first operational use of the GBU-57 MOP, Caine noted.

In addition to the MOPs, Caine said a U.S. submarine operating in Centcom's area of responsibility launched more than two dozen Tomahawk land attack cruise missiles at key infrastructure targets at the Isfahan site, bringing the overall total of precision-guided weapons employed during the operation to approximately 75.

Caine stated there was no detectable retaliation to the strikes.

"We are unaware of any shots fired at the package on the way out. Iran's fighters did not fly, and it appears that Iran's surface-to-air missile systems did not see us," he said, adding, "Throughout the mission, we maintained the element of surprise."

Both Hegseth and Caine shared praise for the military personnel who worked to execute the

"I want to recognize the pilots who flew those bombers, who flew those fighters, who flew those refuelers; [they're] warriors. I want to recognize the sailors on those destroyers, in those subs, on those carriers; [they're] warriors, all of them," Hegseth said, also recognizing soldiers who conducted air and base defense.



"Every American involved in this operation performed flawlessly," he added, also giving recognition to the Israeli government for its contribution to the positioning and preparation of the effort.

"This was a complex and high-risk mission, carried out with exceptional skill and discipline by our joint force," Caine said, also noting that the mission demonstrated the "unmatched reach, coordination and capability of the United States military."

"In just a matter of weeks, this went from strategic planning to global execution," he said, adding that he concurs with President Donald J. Trump's assessment that "no other military in the world could have done this."

When asked about the overall intent of the strikes, Hegseth said the mission was specifically

focused on preventing Iran from developing a nuclear weapon.

"This mission was not, and has not been, about regime change. The president authorized a precision operation to neutralize the threats to our national interests posed by the Iranian nuclear program and [in support of] the collective self-defense of our troops and our ally, Israel," Hegseth said.

As to the potential for Iran attempting retaliation for the U.S. strikes, Caine said Centcom is operating under elevated force protection measures throughout the Middle East region and that any retaliation by Iran or its proxies would be "an incredibly poor choice."

"We will defend ourselves. The safety of our service members and civilians remains our highest priority," he said.

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Forging Partnerships Through Fire Training

< Continued from Front Page >

"And because we're training alongside different departments on-base and off-base with ROKAF, we're reinforcing that we all serve the same community and the same mission."

Master Sgt. Christian Arvelo,51st CES deputy fire chief

The course also provided the opportunity to unify approaches to emergency response, laying the groundwork for faster, more coordinated operations during crises that involve both U.S. and Korean jurisdictions.

"This course gives our fire officers and our Korean counterparts the tools they need to succeed on a scene they may not feel prepared for but will be expected to respond to," said Master Sgt. Christian Arvelo, 51st CES deputy fire chief. "And because we're training alongside different departments on-base and off-base with ROKAF, we're reinforcing that we all serve the same community and the same mission."

This training marks a significant step toward building stronger partnerships and enhancing shared readiness across emergency service on the peninsula.

Brett Stohr, InSource Fire Training president, discusses fire behavior during Osan's first bilingual InSource Consulting Fire Training at Osan Air Base, Republic of Korea, June 18, 2025. The training covered a wide range of critical fire criteria such as current regulations and standards, fire behavior, incident strategy and tactics, problem identification, and tabletop exercises. ▶

Brett Stohr, InSource Fire Training president, teaches strategies and tactics during Osan's first bilingual InSource Consulting Fire Training at Osan Air Base, Republic of Korea, June 18, 2025. The course was conducted in both English and Korean, with a live translator to help ensure key concepts were clearly communicated. ▲







U.S. and Republic of Korea firefighters participate in Osan's first bilingual InSource Consulting Fire Training at Osan Air Base, Republic of Korea, June 18, 2025. The three-day course brought together 42 participants from the U.S. and Republic of Korea, local Korean fire departments, and emergency personnel from Kunsan Air Base, Camp Humphreys, and the cities of Songtan and Daegu. ▲



A fire training simulator is displayed during Osan's first bilingual Insource Consulting Fire Training at Osan Air Base, Republic of Korea, June 18, 2025. The training covered a wide range of critical fire criteria such as current regulations and standards, fire behavior, incident strategy and tactics, problem identification, and tabletop exercises.

U.S. Air Force Staff Sgt. Adam Carroll, 51st Civil Engineer Squadron firefighter, measures the temperature of a fire behavior demonstrator during Osan's first bilingual InSource Consulting Fire Training at Osan Air Base, Republic of Korea, June 18, 2025. The course was conducted in both English and Korean, with a live translator to help ensure key concepts were clearly communicated. ◀

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| CRIMSON SKY | PAGE 29 | CRIMSON SKY | CRIMSON SKY | PAGE 29 | CRIMSON SKY | C



By Senior Airman Rome Bowermaster 51st Fighter Wing Public Affairs

OSAN AIR BASE, Republic of Korea -- The 51st Force Support Squadron Post Office was named the 2024 Department of the Air Force A1 Postal Operations Flight, earning recognition as the best post office in the Air Force at Osan Air Base, Republic of Korea, June 10, 2025.

The award highlights the team's unwavering dedication, excellence in service and mission-critical support to the service members, civilians, retirees, and their families here and the Indo-Pacific region.

Operating in a high-tempo, forward-deployed environment, the 51st FSS postal team streamlined mail operations by bringing in a new postmaster with over 20 years of postal service experience. With the help of Jerry Prowant, 51st FSS postmaster, and the leadership at the post office, they were able to create an environment that inspired their Airmen to work together helping them earn an "Outstanding" rating on its most recent postal inspection.

"It's not just one person, it's the whole team that got Osan to win that award," said Tech. Sgt. Omar Hay, 51st FSS section chief of finance and official mail. "We're all one team here."

Competing against more than 80 Air Force installations worldwide, the 51st FSS postal team stood out for their operational precision, customer service, and innovative improvements to mail handling and delivery processes. The team processed over 1.2 million pounds of incoming and outgoing mail in 2024 alone, ensuring timely support for more than 8,000 personnel stationed at or transiting through Osan AB.

The award is part of the Air Force Personnel Center's annual Force Support recognition program, which highlights exceptional performance across all facets of FSS operations.

As Team Osan continues to "Fight Tonight," the 51st FSS postal team stands ready—proving that even the smallest packages carry the weight of the mission.

U.S. Air Force Airman Sam Laguerre, 51st Force Support Squadron military postal clerk, processes incoming mail at Osan Air Base, Republic of Korea, June 16, 2025. Hundreds of packages travel through the post office every day, delivering essential items to military personnel and families.

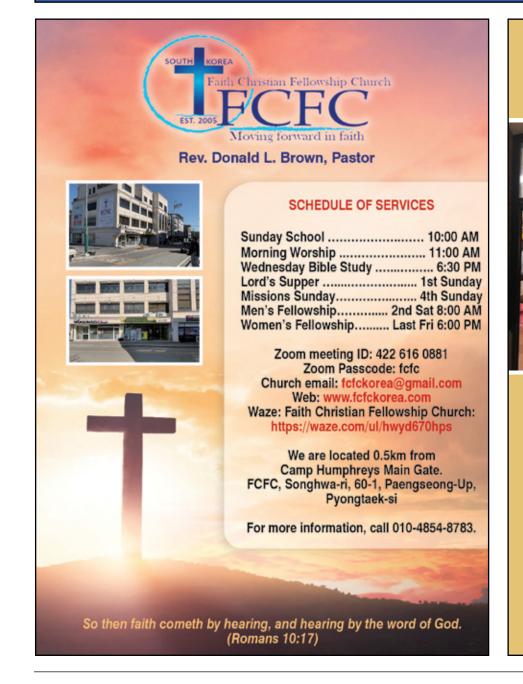
U.S. Air Force Airman 1st Class Naviyah Taylor, 51st Force Support Squadron military postal clerk, stores packages for customer pickup at Osan Air Base, Republic of Korea, June 16, 2025. The post office receives packages for service members, dependents and civilians assigned to the base. ▲

Yun Chan Cho, 51st Force Support Squadron postal clerk, assists a customer at Osan Air Base, Republic of Korea, June 16, 2025. The Osan Post Office ensures customers' needs are met and excellence service is always provided. ▼









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Templestay Programs

June 27, 2025

- 1. Let go and Love yourself through Meditation (Experiential): A program rooted in the philosophy of finding your True Self—guiding you to awaken the Buddha within through Zen meditation and inner reflection. Take time for meditation, then stroll along the serene torreya forest trails nearby to restore balance to both body and mind.
- 2. Experience Temple Food and Culture with Ven. Jeong Kwan (Experiential): $\bf A$ program where you can hear Venerable Jeong Kwan's teachings while savoring exquisitely prepared temple cuisine. Venerable Jeong Kwan of Baegyangsa Temple is a master of Korean temple cuisine who won the James Beard Award—considered the Academy Award of the culinary world—and starred in the Netflix documentary series "Chef's Table (2017)." As visitors from around the world travel here to experience her cuisine, be sure to book well in advance.



3. As it is (Restful): A program where you can unwind in the tranquil atmosphere of the temple, surrounded by nature. With all activities optional, this program is recommended for those looking to escape the demands of daily life and find peace in a serene natural setting.



- Donghwasa Temple, Daegu

Donghwasa Temple is one of the most historic temples in the Yeongnam area and the largest in Daegu. Renowned for its spiritual energy, the temple is always bustling with visitors who come to pray or seek blessings, alongside nearby sites like Gatbawi Rock and Sowonbawi Rock in Palgongsan Mountain. Named one of East Asia's top 10 tourist destinations, it is home to many cultural treasures. Among them, the 33-meter-tall Bhaisajyaguru Buddha Statue stands as its most iconic symbol. With convenient access from downtown Daegu via public transportation, the temple is also a popular destination for Templestay experiences and is celebrated for its exquisite temple cuisine.



Templestay Programs

- 1. Making 108 Prayer Beads (Experiential): A mindfulness program where you practice humility through 108 prostrations fill the heart with new intentions. Threading a bead with each bow and wish for the happiness of yourself and those around you.
- 2. Making and Tasting Healthy Temple Food (Experiential): A healing experience where you prepare and savor temple food. After nourishing with fresh and wholesome temple food, take a stroll through the phytoncide-rich forest to refresh and replenish both body and mind.
- Stay in Buddhist Temple 1N2D (Restful): A restorative retreat that helps you regain balance by letting your body and mind flow with nature. Release the fatigue of daily life, and take time for recharging and reconnecting with yourself.



3) Joining a Temple Food Cooking Class

Once perceived as rigid and authoritative, Buddhist culture is now emerging as a lifestyle trend beyond religious boundaries, especially resonating with the millennials and Gen Z, thanks to trendy merchandise and hip events. In line with this shift, temple food has gained popularity on social media as a popular plantbased choice among younger audiences, leading to a growing number of cooking classes that offer firsthand experiences of this mindful cuisine.

- Korean Temple Food Center

Located in the heart of Seoul, this cultural complex offers a rare glimpse into 1,700 years of temple food heritage. It features a variety of exhibitions and hands-on



experiences themed around temple food, and also offers cooking classes where visitors can learn how to prepare authentic temple dishes. In addition to monthly courses, on-demand classes are also available, allowing you to choose sessions that best fit your schedule or culinary interests. If you're looking for a healthier, eco-friendly diet, why not discover the hidden treasures of temple cuisine here?

ADDITIONAL INFORMATION

■ Templestay

- Main programs: meditation, 108 prostrations, balwoo gongyang, early morning chanting, tea time with
- monks, and more
 Templestay website: www.templestay.com
 List of temples offering specialized Templestay
 programs for foreigners

■ Baegyangsa Temple

- Address: 1239 Baegyang-ro, Bukha-myeon, Jangseong-
- Operating hours: Open year round Inquiries: Temple administration office +82-61-392-0100 / Templestay +82-61-392-0434

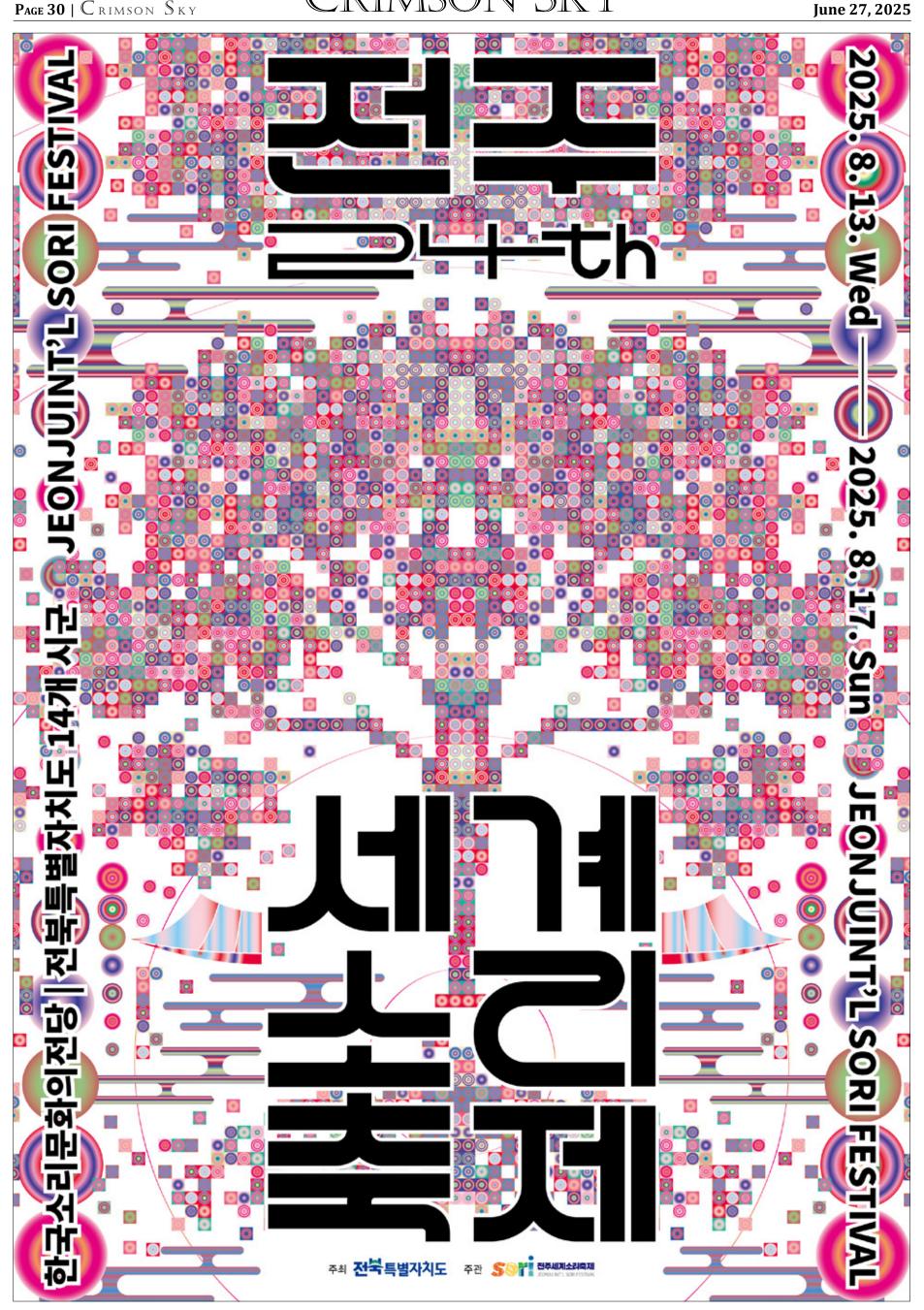
- Address: 1 Donghwasa 1-gil, Dong-gu, Daegu Operating hours: Open all year around Inquiries: +82-53-980-7900
- Website: donghwasa.net

■ Korean Temple Food Center

- Address: 2F, Anguk Building, 39, Yulgok-ro, Jongno-gu,
- Operating hours: 09:00-18:00 (Closed on Mondays) Inquiries: +82-2-733-4650 Website: edu.koreatemplefood.com

1330 Korea Travel Helpline: +82-2-1330 1330 Text Chat: https://m.site.naver.com/1rEid

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